# Finding Narcissist-Savvy Legal Help

It is important to use people who are trained and informed in narcissists and narcissism WHENEVER we are dealing with a narcissist and their abuse. This is ESPECIALLY important when we engage the help of solicitors and barristers.

Here are some questions that will help you find lawyers who understand what you are dealing with and how best to handle the abuser.

## **The Questions**

#### **Basics**

Understanding different types of narcissists and how to deal with their behaviours is essential.

What do they understand by the following terms and how might they expect them to act during a divorce case?

- a. Grandiose narcissist?
- b. Covert narcissist?
- c. Malignant narcissist?

### **Experience**

Knowing about something is no substitute for having dealt with emotional abusers/narcissists. Knowledge combined with experience wins every time.

- 1. How many cases have they represented for a narcissist?
- 2. How many cases have they defended against a narcissist?
- 3. How would they handle the following from a narcissistic spouse.
  - Time wasting?
  - Lies?
  - Unfounded accusations?
  - Failure to answer questions?
  - Failure to disclose?

#### **Contacts**

Colleague networks are valuable when narcissists make unexpected moves.

These questions determine whether the solicitor/barrister we seek help from liaises with colleagues when necessary.

- a. How many contacts with experts in the field do they have?
- b. How many knowledgeable and experienced barristers do they know?
- c. Do they speak with representatives from support and abuse agencies?

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